



Helpful Resources/Tools on COVID-19

COVID-19 Facts

- ❖ [What you need to know](#)
- ❖ [Symptoms](#)
- ❖ [Where to get tested](#)
- ❖ [Special statements from officials](#)
- ❖ [Self-isolation instructions for COVID-19](#)
- ❖ [COVID-19 Awareness](#)
- ❖ [Self-Assessment](#)
- ❖ [2021 Ontario Budget](#)

Immigration

- ❖ [Flying to Canada Requirement Checklist](#)
- ❖ [How COVID-19 is affecting immigration](#)
- ❖ [Immigration applicants](#)
- ❖ [Getting tested to enter Canada](#)
- ❖ [ArriveCan](#)
- ❖ [For travellers with COVID-19 symptoms returning to Canada by land/water](#)
- ❖ [For travellers with COVID-19 symptoms returning to Canada by air](#)
- ❖ [After you've entered Canada](#)
- ❖ [Quarantine Exemption List](#)

Vaccines

- ❖ [Frequently asked questions about COVID-19 vaccination](#)
- ❖ [Booking Appointments](#)
- ❖ [Eligibility](#)

Research/Data/Statistics

- ❖ [COVID-19 Dashboard](#)
- ❖ [COVID-19 statistics in Ottawa \(mapping products, societal impacts, projections and reports\)](#)

Additional Newcomer Resources

- ❖ [Ottawa Immigrant COVID-19 Resource Line](#)
- ❖ [Ottawa Newcomer Health Centre resource](#)
- ❖ [Survivors of violence during COVID-19](#)
- ❖ [Multilingual resources for diverse communities](#)
- ❖ [COVID-19 Federal benefits and services](#)
- ❖ [Information for parents of children exposed to COVID-19 in school or child-care](#)
- ❖ [Distress Ottawa](#)

Ottawa Public Health COVID-19 Telephone Line

- ❖ Monday to Friday, from 8 am to 6 pm
- ❖ Weekends, from 9 am to 4 pm
- ❖ Translation is available in multiple languages
- ❖ Telephone: 613-580-6744 follow the prompts to the COVID-19 telephone line
- ❖ TTY: 613-580-9656

Ontario 



OTTAWA NEWCOMER
HEALTH CENTRE

CENTRE DE SANTÉ POUR
NOUVEAUX ARRIVANTS D'OTTAWA



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